



IME

INTROSPECTION MUSIC EXPERIENCE

Introspection Music Experience (IME) is an international project that brings together musicians and composers from Belgium, Greece and Spain.

Visit us:

<https://www.ime-project.com/>

Co-funded by the
Creative Europe Programme
of the European Union



During this project, **12 solo artists and bands collaborate** with **composers who have experienced mental health challenges** in order to **create music together**. IME creates in this way, a unique space for **diverse communities** to get to know each other, **initiating the dialogue**, sharing experiences, and finally, **producing authentic artistic expressions** about psychiatric vulnerability coming from the grassroots to be shared with the wider world.

The artists will use **music** as a vehicle to **talk about the reality of living with mental health issues** from a first-hand perspective, and thus contributing to the **elimination of the persisting stigma towards mental illness** as well as breaking down the silence around it.

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This will lead to the organization of an **international tour of 12 concerts in Belgium, Greece and Spain** and the production of:

- » A music album co-created by artists from three European countries, composed of 16 singles
- » 16 tracks with video clips and video lyrics
- » A documentary film of IME project

Artists:

- »Azat Chelvatzian
- »Cristina Tsaliki
- »Nacho Prada
- »Korneel Muylle
- »Katerina Pipili
- »Nassos Polyzoidis
- »Ioannis Bairaktaris
- »Chloë Nols
- »Thomas Werbrouck
- »Grounded Theory
- »Naïa
- »Rober y los Optimistas



FUNDACIÓN
intras (Spain)

INTRAS is a non-profit organisation dedicated to research and intervention in the mental health field.

KAOS (Belgium)

KAOS is a non-profit art organisation founded in 2011. Since 2015 it has been developing an Artist Residency in psychiatry.



έδρα social cooperative activities for vulnerable groups (Greece)

EDRA is a non-profit Organisation-Social Cooperative that has been active since 2001 promoting mental health and protecting the rights of vulnerable groups in Greece.